

Farmstead Swim and Racquet Club

Rules and Regulations

PURPOSE

The following rules and regulations are for the benefit and protections of the member, their families and guests. They have been established to assure safe and sanitary operation and use of the club facilities and enjoyable recreations for all members of the Club and their guests. Parents are urged to instruct their children to observe all rules and to obey the instructions of the pool manager and other employees. Failure to comply with the rules may result in suspension of pool privileges.

MANAGEMENT

The Operations Committee, appointed by the Board of Directors, is responsible for developing rules and regulations and recommending these to the Board of Directors for approval. Additional rules may be introduced during the swimming season as required for the safety or well being of the membership. These rules will be enacted at the discretion of the Board and will be posted at the pool. Posted rules supersede this document in the event of a conflict.

The Pool Manager, selected by the Board of Directors, is in full charge of the pool at all times and is responsible for the maintenance of order and cleanliness around the pool area and grounds of the club. The Pool Manager is responsible for supervising the operating staff and for the proper enforcement of the rules and regulations established by the Club. During the absence of the Manager, the Assistant Manager shall assume responsibility for enforcement of these rules and regulations.

ENFORCEMENT OF THE RULES

In addition to the manager, each member of the operating staff is responsible for the enforcement of the rules. Children and adults shall, at all times, show the proper respect and cooperation. Talking back or arguing with the guards is a serious infraction of the rules and will be grounds for extended suspension of pool privileges. The staff shall caution or, if necessary in their opinion, discipline wrongdoers, or shall suspend privileges of anyone whom they find willfully or repeatedly violating the rules or for unbecoming conduct.

The manager or lifeguard on duty shall have the power to suspend Club privileges for forty-eight (48) hours for violating the rules. The Operations Committee shall have the power to suspend

Club privileges for up to seven (7) days for repeat violations of the rules. Suspended members or their parents may appeal initially to the Operations Committee and finally to the Board of Directors. All appeals must be in writing.

Complaints pertaining to the enforcement of these rules shall be in writing to the Chairman of the Operations Committee. Suggestions as to the operations or modification of the rules shall be made in writing to the Operations Committee.

GENERAL RULES

1. Members must inform their guest and children of the rules of the Club.
2. Members shall drive slowly and carefully on the Club grounds. All members are requested to avoid driving to the Club whenever possible.
3. All bicycles shall be parked in the designated bicycle parking area.
4. When picking up children, members are not allowed to sound the automobile horns to summon the children.
5. Members are financially responsible for any damage they cause and the Board may elect to require payment for damage done.
6. No abusive language shall be used in or around the Club grounds.
7. Trash shall be deposited in the receptacles provided for that purpose.
8. Persons under the influence of intoxicating liquors or drugs are forbidden from the Club premises.
9. Pets will not be allowed within the Club enclosure.
10. The Club is not responsible for lost or stolen articles.
11. All clothing, towels, etc, brought to the pool area must be marked so they are readily identifiable. Lost articles may be disposed of after a two-week period without being claimed.
12. The Club is not responsible for loss or damage to personal belongings, bicycles, motorcycles, or automobiles on the Club grounds.
13. All accidents or injuries occurring on Club property must be reported immediately to the Manager.
14. The Club will be open from 7:00 A.M. to dusk daily during the swimming season. Members are not allowed to utilize Club facilities outside of these hours without prior authorization of the Manager or Board of Directors. Open Swim will be from 12:30 to dusk during the summer months. Mornings will be reserved for swim team, swim lessons, or special programs as authorized by the Board of Directors. Swim meets and certain special programs will result in the pool opening later than the posted time or closing early. When this is to occur, pool staff will post notices at the pool. On school days, the pool will have limited hours and schedules for these days will be posted at the pool. During selected periods the pool will be opened for Adult Early Bird swim from 5:30 A.M. to 7:00 A.M. These Adult Early Bird Swims will be posted at the pool.

ENTRY

1. All Members wishing to enter the Club area are required to register according to the current systems at the club house entrance. Children eight (8) and under must be accompanied by an adult or guardian.
2. Pool Guests:
 - A. Guests must register separately and provide both their name and address. All guests must be authorized by the sponsoring adult member and the name and address must be recorded on the membership card on file for the member.
 - B. Guest privileges are available to any individual any day of the week. The Pool Manager or Assistant Pool Manager at his/her discretion may deny Guest privileges.
 - C. Daily guest fees are \$3.00 per person, per day, regardless of the length of swim time. Family daily guest pass is \$6.00. Packages of ten Daily Guest Passes may be purchased for \$25.00. Guest passes do not expire and are non-refundable.

Overnight guests from outside the greater Naperville area have the option of paying a weekly fee of \$20.00 per family. The weekly fee is for seven (7) consecutive days. A registration form must be filled out and signed by any Board Member, the Pool Manager, or the Assistant Pool Manager to qualify for the weekly pass.

Special Circumstances – Babysitters:

In the event that a bond holder wishes to grant a Nanny or babysitter charged with watching their child(ren), who are below the minimum age of eight (8) to enter the pool without adult supervision, to bring their underage child(ren) to the pool without their presence, they may petition the pool board's membership committee person for a FSRC Nanny/Sitter pass. This Nanny/Sitter pass will have the guest fee requirements modified to a flat fee of \$25 per month, with no limits on the number of visits. The nanny or babysitter may only use the facilities when they have the member's child with them on the premises. Parents who authorize the nanny or babysitter to bring their child to the pool, must sign a waiver which indemnifies FSRC for any injury occurring on the premises while in the care of the nanny or baby sitter. No under age children will enter the pool at any time, even with a baby sitter, without consent of the child's parents or guardian.

3. Tennis guests will be charged \$1.00 per person. Charges for guests will be payable by the member according to Club policy covering guest fees. A guest privilege is defined as all individual guests playing during a period of court time.

POOL RULES AND REGULATIONS

HEALTH AND ATTIRE

1. All swimmers (except infants) are required to wear bathing suits.
2. All bathers wearing hair curlers or other hair styling aids must wear bathing caps in the pool. Bathers with shoulder-length hair may be required to wear a bathing cap.
3. Children with diapers are not allowed in the pool. However, training pants, bathing suits, etc. are acceptable.
4. Dressing and undressing are restricted to the bathhouse.
5. State Law requires that all persons entering the pool take a shower with soap. This rule will be strictly enforced.
6. Food, candy, bottles, drinking glasses, chewing gum, etc. are prohibited within the pool enclosure.
7. Smoking is to be done in designated areas only.
8. No glass containers of any kind (including suntan lotion bottles) are permitted in the pool deck area.
9. Persons with infectious diseases or open sores will be prohibited from using the pool or bathhouse facilities.
10. All bandages must be removed at the request of the staff.
11. Street shoes are not to be worn in the pool area and must be removed before entering the deck area.
12. Spitting, spouting of water, and blowing the nose in the pool are strictly prohibited.

POOL AREAS

GENERAL

1. Horseplay, rowdy behavior and activities judged to pose a risk of injury are absolutely prohibited.
2. Running on the deck is absolutely prohibited.
3. Swimming accessories are allowed only at the discretion of the pool staff. Rafts are prohibited at all
4. Swimmers may be asked by the Manager or guards to swim one length of the pool before entering the deep water.
5. Guards have full authority to clear the pool of swimmers at any time. One long blast from the guard whistle signals "EVERYONE OUT OF THE POOL".
6. No one is permitted to distract or annoy the lifeguards at any time.
7. Swimming in off-hours or in the absence of a lifeguard is not permitted.
8. Sunday morning FAMILY SWIM will be from 10:30 to 12:00. Rafts will be permitted during this time, but A PARENT MUST ACCOMPANY CHILDREN. Rafts are not permitted if the longest width exceeds 45" and longest length exceeds 82".

WADING POOL

1. The wading pool is restricted to children age six (6) and under at all times.
2. A parent or a responsible baby-sitter, age 14 or older, must supervise the child at all times, and is responsible for the welfare and safety of the children in this area.
3. The gate to the wading pool must be kept closed to prevent young children from entering the main pool area unsupervised.

SHALLOW AREA

1. The shallow area is located adjacent to the dressing room exits as an extension from the main pool area. It is segregated from the main pool area by a rope/float divider.
2. The shallow section of the pool is reserved for young children. During periods when the pool is crowded, older children may be restricted from entering this area.
3. Activities in this area may be limited at the discretion of the staff to protect the young children.
4. During Adult swim, only children six (6) and under are allowed in the shallow area and parents must be available to supervise their children.
5. Sitting or hanging on the rope/divider is not allowed.

MAIN POOL AREA

1. The main pool area is for more advanced swimmers. Younger children and weaker swimmers should be accompanied into this area by a parent or other adult. No floatation devices are permitted in this area other than during Family Swim.
2. The Manager or staff may require a swimmer to demonstrate proficiency before allowing the individual to remain in the main area. This test can include the requirement to swim the length of the pool.
3. The main pool area will allow more active play than in the shallow water, however, activities such as the throwing of balls at high velocity or over long distances, diving from the shoulders of another swimmer, the throwing of young children by an adult, or other more risky activities may be limited by the staff if judged to pose an injury risk to others or to the individuals. Members are encouraged to use judgement and restrict these activities to times when the pool is not crowded.
4. During Adult Swim, children under age 16 must clear out of the main pool area. Adult swim will occur daily at the following times:
 - 5:30A.M. – 7:00 A.M. (During selected periods)
 - 12:00P.M. – 12:30 P.M.
 - 1:30 P.M. – 1:45 P.M.
 - 3:00 P.M.– 3:15 P.M.
 - 4:30 P.M.– 4:45 P.M.
 - 6:30 P.M.– 7:00 P.M.

5. Lanes will be available at all times for adults wishing to swim laps. Children under the age of sixteen (16) are not permitted in the lap lanes at any time when adults are swimming laps.

DIVING AREA

1. The Manager or staff may require a swimmer to demonstrate proficiency before allowing the individual to enter the diving area. This test may include the requirement to swim the length of the pool.
2. Only one person will be allowed on the diving board at a time. The next person in line must stay on the pool deck until the person on the board has exited the board.
3. Diving from the side of the board is prohibited.
4. Divers are allowed to take only one bounce when on the board.
5. After entering the water, the diver must proceed to the nearest side of the pool. Swimming under the board or remaining in the diving area is prohibited.
6. The diving boards may be closed at the discretion of the staff if the boards are not being used.
7. Diving from the edge of the diving bay is prohibited when the boards are open.

TENNIS RULES AND REGULATIONS

The following rules and regulations have been adopted for the purpose of maximizing the enjoyment of the tennis facilities by all members. Please be certain that all family members adhere to these rules.

The Manager of the Club will have responsibility for implementation and enforcement of the tennis rules and regulations.

GENERAL

1. All players must wear tennis shoes while on the tennis courts.
2. All individuals not playing must remain outside of the courts.
3. No chairs or objects, which have the potential to damage the surface of the courts, are permitted on the court surface.
4. PRIME TIME is defined as all day Saturday, Sunday, Holidays, and after 4:30 P.M. on weekdays. Adult Club members (16 years and older) have priority during Prime Time.
5. There is a time limit of one (1) hour for singles play and two (2) hours for doubles play, except on weekdays after 4:30 P.M. when all play is limited to one (1) hour, if others are waiting for court privileges.
6. Members are not permitted to appear on the courts more than once per day, unless no one else has signed up or wants to use the courts.
7. Upon arrival, all players including guest(s), must sign-in, showing first and last name, with membership number. This procedure will confirm court usage and failure to do so will constitute a NO SHOW. Responsibility for sign-in rests with the member reserving the court.

8. All questions, suggestions, and complaints concerning tennis facilities will be made to the Manager of the Club or the Tennis Chairperson.

RESERVATIONS

1. Sign-up sheets for reservations will be available in the Club office during operating hours.
2. Reservations for singles play are limited to one (1) hour per day, per member. Reservations for doubles play may be made to two (2) hours any time except after 4:30 P.M. on weekdays (Prime Time) when the one-hour time limit is in force for both singles and doubles.
3. Reservations may be made any time during normal club hour's five days prior to the reservation time being requested. Only adults (16 years and older) may sign up and reserve courts for play during prime time. Members under 16 years of age are permitted to play with their parents at all times.
4. Only members of FSRC may make reservations for use of the tennis courts.
5. A reservation for a special event such as a "round robin", or tournament, will be considered the reservation for the day.
6. Court usage on unreserved time is on a first-come-first-served basis. Individuals who have just completed their allotted time must relinquish the court to others wishing to play.
7. Reservations for courts will be held only five (5) minutes after the reserved starting time.
8. All reservations that cannot be filled must be cancelled as soon as possible. Reservations may be cancelled in person or by calling the Club office at 420-1350 during operating hours.
9. Members, who do not show up and fail to cancel reservation time, or not signing in to confirm use of the court, will be issued a WARNING. After the second warning, the offending member will lose court privileges for one (1) week. After a member has received a warning for a third time, that member will lose court privileges for two (2) weeks. Loss of privileges by one family member will not result in restrictions on other family members.